

U3A WALKING GROUP

WALKS DISCLAIMER

Walking is one of the healthiest and safest of Outdoor Activities.

However, neither U3A, nor the Walk Leader/Organiser of the walk(s) has control of the environment of the walks, the weather, any animals or indeed of any of the walkers themselves, and whilst taking normal precautions, providing reasonable help and assistance as necessary, they cannot accept responsibility for any circumstances affecting the Health or Safety of the Walkers in the party.

Walks organised by U3A Groups automatically receive **Public Liability insurance** cover, provided the leaders are U3A members, through the **Third Age Trust**. This is designed to protect leaders against claims for damage to property and for injury or death which might have been occasioned on the walk. This is **NOT** a personal accident insurance and accordingly participants on walks are responsible for their own Health and Safety and the safe keeping of their equipment, clothing and belongings.

Participants on Walks should follow the advice/instructions of the Walk Leader in order to minimise any risk to themselves and should also ensure that they do not endanger any others in the party.

Participants who bring a dog are responsible for its safe keeping and safety, for ensuring that it is under control at all times and for ensuring that it does not cause a problem to other members of the party or in respect of the environment of the Walk.

I have read, understood and accept the foregoing Disclaimer.

Please print your Name(s) in Block Letters, then Sign and Date below.

NAME(S)

SIGNATURE

DATE

(Block Letters)

Note from U3A Walking Adviser:- This Walks Disclaimer is not a legal document nor U3A policy but is included for those U3A group leaders who may wish to make their members aware of their own responsibilities.